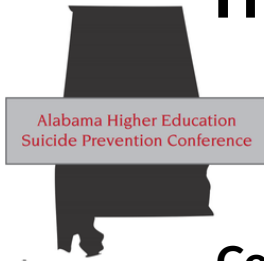


ALABAMA HIGHER EDUCATION SUICIDE PREVENTION CONFERENCE

WORKING TOGETHER TO PREVENT SUICIDE



September 10, 2020
Trojan Suicide Prevention Programs



Trojan Suicide Prevention Programs at Montgomery and Phenix City Campuses

Website: www.mhrsp.org

Contact: troysuicidepreventionprograms@gmail.com

Exhibitors



website: www.namialabama.org

334-396-4797

Evaluations

Thank you for your participation in the 2020 Alabama Higher Education Suicide Prevention Conference. In order to continually improve the conference and provide you with beneficial experiences, we ask that you complete the Conference Evaluation Form.

The evaluation form can be completed at the following link:

https://troy.co1.qualtrics.com/jfe/form/SV_2hQC1dyGJZOk5QF

AT A GLANCE

8:30 AM

Virtual Registration
Welcome and Announcements

9:00 - 10:00 AM

Session 1: Keynote
Dr. Jennifer Wright Berryman

10:10 - 12:20 PM

Morning Breakout Sessions 2 & 3

12:20 - 12:50 PM

Lunch

12:50 - 3:00 PM

Afternoon Breakout Sessions 4 & 5

3:10 - 4:10 PM

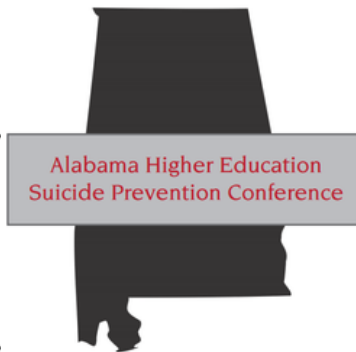
Session 6: Closing Keynote
Jordan Burnham

4:10 - 4:30 PM

Wrap Up
Closing Remarks

10 SEPTEMBER 2020 • TROY UNIVERSITY

Welcome



Greetings to you from the Troy University Suicide Prevention Coalition at Montgomery and Phenix City Campuses! Welcome to the 2nd Annual 2020 Alabama Higher Education Suicide Prevention Conference.

This conference is an opportunity to share ideas and increase your knowledge of best practices as it relates to the promotion of help-seeking behaviors, student wellness and reduction of the risk of suicide behaviors on our campuses and in our communities.

Opening Keynote Speaker

Dr. Jennifer Wright-Berryman

University of Cincinnati



Dr. Jennifer Wright-Berryman is an Assistant Professor of Social Work at the University of Cincinnati. Jennifer is a mental health and suicide researcher, and has twenty-three years of experience in both interpersonal-clinical and community-based practice. Jennifer currently serves in two primary research roles: as the national lead researcher for a school-based, peer-to-peer suicide prevention program called Hope Squad, and as the principal investigator of a study with Clarigent Health using natural language processing artificial intelligence to learn how language and acoustics can act as predictors for mental health disorders and suicide risk.

Jennifer consults with all levels of schools and a number of different organizations in areas of suicide prevention, intervention, and postvention, and gives talks, lectures, workshops, and trainings around the country. Jennifer has provided a number of expert interviews and written contributions for local, regional, and national media outlets, including NBC Nightly News. Additionally, Jennifer is the chair of the University of Cincinnati Mental Health and Suicide Prevention Task Force, and is a member of the Ohio State Suicide Prevention Stakeholder Group through the Ohio Suicide Prevention Foundation.

Closing Keynote Speaker

Jordan Burnham Minding Your Mind



Jordan is a public speaker who discusses the mental health issues and disorders that affect so many of us. He is a survivor of a suicide attempt during his senior year in high school and shares his powerful story of fighting depression and finding recovery. Jordan is a nationally recognized mental health advocate. In 2008 he addressed a Congressional briefing on Capitol Hill. In 2010 he was chosen as one of the “Best of Philly” for his work in public speaking and advocacy. In 2012 he was honored with an Emerging Humanitarian Award from retired San Francisco 49ers player Nmadi (Nam-DEE) Asomugha (Awesome-Wah) and the Asomugha Foundation. He has been featured in People Magazine, Sports Illustrated, and USA Today.

Jordan has appeared on ESPN’s E:60 and Outside the Lines, as well as Dr. Phil, The Ricki Lake Show, CNN, the Early Show and Good Morning America. He has been featured in three documentaries and his piece, “Unbreakable” with E:60 was nominated for an Emmy. Most recently, you might have seen Jordan at the White House for the National Conference on Mental Health, hosted by President Obama and Vice President Biden. Jordan has been speaking on his story and mental health all over the country for the last 8 years. He’s spoken in 32 different states and 3 different countries. His presentation is meant to inspire, educate and allow others to know they’re not alone.

Schedule

Welcome and Announcements

08:30 am - 09:00 am

Session 1

Opening Keynote 09:00 am - 10:00 am

Dr. Jennifer Wright Berryman, University of Cincinnati

Session 2

Breakout Session 2.A 10:10 am-11:10 am

SOS (Strengthening Ongoing Support) for African American Teen Suicide Prevention

Breakout Session 2.B 10:10 am-11:10 am

Connecting with Community Resources that Provide Services to Students

Session 3

Breakout Session 3.A 11:20 am-12:20 pm

Substance Use and Suicide: Overlapping Protective and Risk Factors

Breakout Session 3.B 11:20 am-12:20 pm

Round Table: Virtual Suicide Prevention for Colleges and Universities

Session 4

Breakout Session 4.A 12:50 pm-1:50 pm

Interpersonal Theory of Suicide in Higher Ed: Developing Protocol for Acutely Distressed Students

Breakout Session 4.B 12:50 pm-1:50 pm

Suicide Ideation and Attempt Among International Students in the US

Schedule

Session 5

Breakout Session 5.A 2:00 pm-3:00 pm

Suicide Prevention within the COVID-19 Pandemic

Breakout Session 5.B 2:00 pm-3:00 pm

The Suicide Prevention Network of Alabama

Session 6

Closing Keynote 3:10 pm-4:10 pm

Jordan Burnham, Minding Your Mind

Wrap Up and Closing Remarks

4:10-4:30 pm

Content Sessions

Session 2

10:10 am-11:10 am

Breakout Session 2.A

SOS (Strengthening Ongoing Support) for African American Teen Suicide Prevention

Mary Sewell, LMSW, Phenix City Housing Authority

Meg Milligan, Ph.D., Associate Professor of Psychology, Troy University

The purpose of this session is to increase knowledge about suicidality among African-American teens, describe the critical need to address this, identify important stakeholders and their roles, and discuss our approach to prevention, which we call Strengthening Ongoing Support (SOS). SOS strives to provide resources to the African American community, and to more effectively leverage peers in this process.

Breakout Session 2.B

Connecting with Community Resources that Provide Services to Students.

Holston, Febreu, BA, MSW, Instructor, Tuskegee University

Dekara Daniel, BSW, MSW, Instructor, Tuskegee University

This presentation will discuss the need to have suicide prevention resources in our community. We will also look at the role different agencies play in helping to reduce the rate of suicides in our community. We will also provide information as to how to connect the student population to resources in our community to prevent student suicides in our community.

Session 3

11:20 am - 12:20 pm

Breakout Session 3.A

Substance Use and Suicide: Overlapping Protective and Risk Factors

Zach Ludwig, LPC, Director of Clinical Record Logistics and Continuing Education, Bradford Health

This program will explore the prevalence of suicide, the scope of the challenge facing practitioners and communities, correlates of suicide and substance use disorder, including shared risk and protective factors, and identification of interventions skills.

Breakout Session 3.B

Round Table: Virtual Suicide Prevention for Colleges and Universities

Kanessa Miller Doss, Ph.D., NCSP, NCC, Troy University

Sherrionda Crawford, Ph.D., LPC-S, NCC, Troy University

Shelley Reed, Ph.D., LPC, CACII, MAC, CPCS, Troy University

Suicide and suicidal behaviors have become a major concern for colleges and universities in the United States. There are additional considerations when working with students in higher education during a global pandemic with remote learning on traditional campuses and social distancing being a mandatory way of life. This roundtable discussion will explore virtual suicide prevention resources for higher education. Practical strategies for the implementation of mental health/ suicide prevention programs and/or activities will also be discussed.

Content Sessions

Session 4

12:50 pm - 1:50 pm

Breakout Session 4.A

Interpersonal Theory of Suicide in Higher Ed: Developing Protocol for Acutely Distressed Students

Katherine Barker, MA, ALC, NCC, Doctoral Student, Auburn University

Ashley Cooks, BA, Student, Alabama State University

Suicide is the second leading cause of death for young adults aged 15-29. College students are at a higher risk for suicide due to increased stressors, such as issues in relationships, abrupt transitions in lifestyle and friendships, and changes in career. Presenters seek to inform the audience about the use of the components of the interpersonal theory of suicide as a measure of mental well-being in college students.

Breakout Session 4.B

Suicide Ideation and Attempt Among International Students in the U.S.

Hosik Min, Ph.D., Associate Professor of Sociology, University of South Alabama

This study is to understand the prevalence of suicide ideation and attempt for international students, with comparison to the U.S. ones, by using NCHA data. My study can offer the need for international students, the possible focus for the intervention effort.

Session 5

2:00 pm - 3:00 pm

Breakout Session 5.A

Suicide Prevention within the Covid-19 Pandemic

Sergio Washington, MS, Clinical Mental Health Counseling, Doctoral Student, Argosy University

Felicia Pressley, Ph.D., LPC, ACS, Assistant Professor, The Chicago School of Professional Psychology

This session will provide information on suicide prevention during the time of a pandemic and the world of telehealth.

Breakout Session 5.B

The Suicide Prevention Network of Alabama

Katie Beaugez, MEd, ALC, Grant Coordinator, Alabama Suicide Prevention and Resources Coalition

Lauren Blanding, MPH, ICPS, Opioid Prevention Manager, Alabama Department of Mental Health

The Suicide Prevention Network of Alabama is a newly-formed cooperative effort among mental health non-profit organizations, government departments, and universities. The purpose of our network is to streamline our organizations' resources and unite our advocacy and education activities in order to more effectively help people in Alabama who experience suicidal thoughts. This presentation will introduce the structure of SPNA and describe how higher education professionals can support our goals.

Professional Development Hours for the 2020 Alabama Higher Education Suicide Prevention Conference



The Troy University Department of Counseling, Rehabilitation, and Interpreter Training has been approved by NBCC as an Approved Continuing Education Provider, ACEP #4223. The Troy University Department of Counseling, Rehabilitation, and Interpreter Training is solely responsible for all aspects of this program.

You are responsible for signing in to the conference, the keynote, and each of the breakout sessions that you attend. If you purchased continuing education at the time of registration for this conference, you will also be sent a link to indicate which sessions you attended. This information should match the sign-in sheets.

Once the conference is complete you will be sent a link to complete the conference CEU Form. Upon completing this form, you will receive a certificate for the number of hours you attended.

CEU Certificates will be emailed no later than December 31, 2020. You may earn as many as 6 clock hours for the total conference. Requests received after December 31, 2020 will cost an additional \$15.00. Replacement certificates will be an additional \$10.00. Presenters may not receive NBCC hours credit for their own presentations.

Certificates of Attendance will be available.

About Us

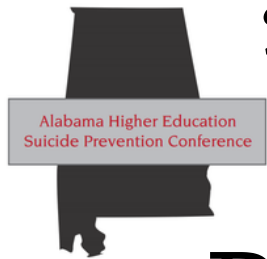


This coalition is meant to provide education and raise awareness of suicide prevention and intervention, create community conversations and action, and to provide an umbrella of local community resources, as well as national resources in an effort to prevent suicide. The Trojan Suicide Prevention Program is a joint effort by Troy University Faculty and a funded Alabama Higher Education Suicide Prevention Grant (awarded by the Alabama Department of Public Health) to increase awareness, education, and prevention of suicide. Drs. Kanessa Miller Doss, Sherrionda Crawford, and Shelley Reed coordinate and facilitate this program.

Contact: troysuicidepreventionprograms@gmail.com



Save the Date!!



2021 Alabama Higher Education Suicide Prevention Conference

Follow us at www.mhrsp.org

September 10, 2021
Troy University
Phenix City, AL

