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VIRTUAL SUICIDE PREVENTION FOR COLLEGES & UNIVERSITIES

ROUND TABLE DISCUSSION

AGENDA

- Objectives
- Overview
- Discussion
- Wrap-up

OBJECTIVES:

- Ascertain the prevalence of suicidality at college and universities.
- Identify barriers to providing virtual suicide prevention programs.
- Develop a toolkit of virtual suicide prevention resources.
- Create a plan to evaluate virtual suicide prevention programs.

OVERVIEW

- Suicide Prevalence
  - 2nd leading cause of death among college age students in United States
  - 50 youth between ages 10- 19 died by suicide in Alabama (ADPH, 2020)
  - 66 young people between ages 20-24 died by suicide in Alabama (ADPH, 2020)
- The American College Health Association-National College Health Assessment II (ACHA-NCHA II, 2019)
  - 87.4% -Feel overwhelmed
  - 45.1 % -Felt so depressed that it was difficult to function
  - 8.6 % -Intentionally cut, burned, bruised, or otherwise injured themselves
  - 13.3%- Seriously considered suicide
  - 2% -Attempted suicide

DISCUSSION #1

- Identify major concerns about providing suicide prevention virtually for college and university students.

DISCUSSION #2

- Discuss effective virtual, evidenced-based suicide prevention programs.

DISCUSSION #3

- Brainstorm creative virtual suicide prevention activities that may or may not be evidenced-based.

DISCUSSION # 4

- What are effective ways to evaluate virtual suicide prevention activities and programs?

WRAP-UP

- Discuss major revelations during group sessions.

QUESTIONS

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American College Health Association. (2019). American College Health Association-National College Health Assessment II: Reference group executive summary spring 2019. Silver Spring, MD: American College Health Association. https://www.acha.org/documents/ncha/NCHAII_SPRING_2019_US_REFERENCE_GROUP_EXECUTIVE_SUMMARY.pdf

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