

## National Crisis Resources

### Suicide Prevention Lifeline

**988**

<https://suicidepreventionlifeline.org>

Covenant House Nineline  
1-800-RUNAWAY (1-800-786-2929)  
24-hour nationwide  
<https://teenlineonline.org/yyp/covenant-house-nineline/>

Girls & Boys Town National Hotline  
Phone, Chat, Text, and Email  
1-800-448-3000  
1-800-448-1833-TTY  
24-hour nationwide  
<http://www.yourlifeyourvoice.org/Pages/home.aspx>

National Graduate Student Crisis Line  
1-877-GRAD-HLP (1-877-4723-475)



## National Crisis Resources

### (Continued)

National Youth Crisis Hotline  
1-800-442-HOPE (1-800-442-4673)  
24-hour nationwide

Poison Control Center  
For Emergencies: 1-800-222-1222  
For Non-emergencies: 1-800-462-0800  
<http://www.aapcc.org>

Samaritians  
1-800-252-TEENS (1-800-252-8336)  
3:00 p.m.-9:00 p.m.

The Trevor Lifeline  
1-866-488-7386

The Trevor Lifeline is a service of The Trevor Project, a non-profit endeavor devoted to promoting tolerance and understanding for LGBTQ youth.

24-hour nationwide  
<https://www.thetrevorproject.org>

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# Suicide Prevention Resources

Alabama Counties:  
Houston, Dale, Henry, Geneva,  
Barbour, Pike, Bullock



**Trojan Suicide Prevention Programs**

**Troy University  
Dothan Campus**

### **Houston County**

SpectraCare Health Systems  
1672 Columbia Hwy, Dothan, AL 36303  
Services available 24/7  
800-951-HELP (4357)  
<https://www.spectracare.org/>

Southeast Alabama Medical Center  
1108 Ross Clark Circle, Dothan, AL  
(334) 367-6777

South Central Alabama Mental Health  
19815 Bay Branch Rd, Andalusia, AL  
(877) 530-0002  
<https://www.scamhc.org/>

### **Dale County**

SpectraCare Health Systems  
134 Katherine Ave, Ozark, AL 36361  
800-951-HELP (4357)  
<https://www.spectracare.org/>

### **Henry County**

SpectraCare Health Systems  
219 Dothan Rd, Abbeville, AL 36310  
800-951-HELP (4357)  
<https://www.spectracare.org/>

### **Geneva County**

SpectraCare Health Systems  
1203 West Maple, Geneva, AL 36340  
800-951-HELP (4357)  
<https://www.spectracare.org/>

### **Barbour County**

SpectraCare Health Systems  
133 North Orange Ave, Eufaula, AL  
800-951-HELP (4357)  
<https://www.spectracare.org/>

The Crisis Center (Central Alabama)  
Main Line: (205) 323-7777  
Teen Line: (205) 328-LINK (5465)

Alabama Dept of Mental Health  
Hotline  
(800) 367-0955

Alabama Dept of Mental Health  
Peer Support  
(800) 832-0952

Alabama Dept of Mental Health  
Substance Use Supports  
(800) 307-1760

Wings Across Alabama  
A Warm Line for Non-Crisis  
Peer Support  
400 Taylor Road  
(844) 999-4647

National Alliance on  
Mental Illness (NAMI)  
Warm Line  
(800) 950-6264

**ALABAMA CRISIS LINES**

